

Sachin Sashti

Matthew Dicks

Someday Is Today

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Sachin Sashti's Assessment and Analysis of Someday Is Today

**Introduction and Overview**

Someday Is Today is a book written by Matthew Dicks. Right off the bat, I enjoyed the Foreword, which was by his wife, Elysha Dicks. It seemed genuine, honest, and real. She detailed how sometimes it can be difficult to live with (and be married to) someone who is as productive as her husband. I enjoyed this starting as it started off the book in not only a realistic manner but also a relatable one. I feel that a lot of these “productivity” books jump straight into the content and sometimes it can be hard to complete what the author is describing as it doesn't feel as if you have the capability, so starting with a relatable introduction about how even she struggles with feeling productive is a great start. The book itself is all about little tips and tricks to get more done. However, in the slightest difference, I would say these tips are better denoted as tips of efficiency rather than tips of productivity. Although there is lots of overlap, the book heavily focuses not only on adding things into your life to make your days more efficient but also on removing things. I enjoyed how Dicks emphasized that less is more and sometimes the best thing you can do to become more efficient is to remove something rather than adding another moving part. Overall, the book was very good, it gave solid actionable tips and the writing style was entertaining as well as readable.

## **Analysis and Insights**

What this book did was show me the value of time. I have read numerous other books detailing the correct way to live life in order to achieve goals and “find fulfillment”, however in this book Dicks did not ever propagate that this is the “correct” way to live however he asserted that he is essentially a productivity scientist, trying to maximize the value of every second. For this reason, he implores the reader to think of days not in hours, but minutes.

One of my favorite lines throughout the entire book was the advice to not value minutes based on how many others were attached. Time is fleeting and value 5 minutes before a soccer game the same as the first 5 minutes of an hour is crucial in the ability to be able to efficiently complete tasks on the flow. I think that Dicks takes this idea too far and doesn't allow ample time for the formation of original thoughts. However, it is an interesting idea to contemplate. Matthew Dicks is a nerd. However, he does a great job of avoiding convoluted in his writing and making the perspective feel more relatable. Even though he is likely to be “nerdier” than the rest of us. He still cares about many of the same issues, hates boring meetings, hates rules, and has dreams and goals. His ability to make the commonality between him and his reader shine through was immense and it serves as proof of his exceptional ability to write. At times I thought he came off as cocky or arrogant and toward the start of the book, I severely disliked the tone he often used when referring to ideas or actions that did not align with his sense of logic. However, as the book progressed, I felt as if I started to get a better view of who he was, what drove him to succeed, etc. and these realizations shifted my perspective. Overall there were plenty of positives and a couple drawbacks, but what I think is paramount when considering reading this book is that this book is a time book at its heart. Dicks is all about optimizing every minute of the day in order to

get the most of out the finite resource, time. Dicks started off the book with a Banger from Picasso, “Only leave for tomorrow what you are willing to die having left undone.” I loved this starting of the book because it set the precedent for the why behind the how which is crucially important to the sustainability of almost any practice.